List of Phonemes (only monophthongs):

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| Vowels | Examples |
| [eh] | cat, end, bury, chair, dare, pear |
| [ee] | it, England, be, bee, meat, lady, you, hallelujah |
| [aw] | honest, maul, slaw, fought, taught |
| [oo] | wolf, look, bush, would, fruit, manoeuvre, |
| [ah] | lug, monkey, blood, double, arm, car |
| [er] | about, ladder, pencil, dollar, honour, word, journey, myrtle |
| [ay] | bay, maid, weigh, straight, pay, filet, eight, mate, break, they |
| [ou] | open, moat, toe, sow, dough, sew |
| [vv] | 女儿 (nü’er) - [ee], and then slowly round your lips |
| [ih] | 之(zhi)，吃(chi)，師(shi) |

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| Consonants | Examples |
| [m] | man, summer, comb, column, palm |
| [n] | net, funny, know, gnat |
| [ng] | ring, pink, tongue |
| [p] | pin, dippy |
| [b] | bug, bubble |
| [f] | fat, cliff, phone, enough, half, often |
| [v] | vine, five |
| [th] | the, there, although |
| [t] | tip, matter, Thomas, ripped |
| [d] | dad, add, milled |
| [sh] | sham, ocean, sure, special, pension, machine, conscience |
| [s] | sit, less, circle, scene, psycho, listen, pace, course, 西(xi) |
| [z] | zed, buzz, scissors, xylophone, craze, 曾 (zeng) |
| [r] | run, carrot, wrench, rhyme |
| [l] | live, well |
| [k] | kit, cat, Chris, accent, folk, bouquet, queen, rack, box |
| [g] | gun, egg, ghost, guest, prologue |
| [h] | hop, who |
| [c] | 次 (ci), 去 (qu) |
| [ch] | Chinese, watch, future, righteous, 吃 (chi) |
| [dz] | jump, job, jewellery, edge, judge, 张 (zhang) |

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| Complex | Examples |
| [dt] | All diphthong (light, loin, future, etc) |
| [cc] | All consonant clusters (extra, etc) |

Non-monophthongs:

<https://en.wikipedia.org/wiki/Diphthong#English>

If you have difficulty placing something as a monophthong, refer to the above and try vocalizing it out.